



## January – March 2018 Promotions

### TCM Weight Management Treatment Programme

- help patients to achieve a healthy weight
- target and sculpt specific bodies areas
- help patients become independent weight watchers

At Aegle, our TCM approach to weight management is based on holistic and healthy methods compared to conventional methods of popping pills and going on extreme diets, to ensure satisfactory long-term results.

TCM weight management treatment works on identifying the cause and prescribing the right combination of treatment methods to combat the problem. It is especially effective for addressing obesity and weight issues from menopausal syndrome, poor digestion and metabolism, water retention as well as stubborn fat around problem areas.

Our experienced TCM physician use a combination of traditional Chinese medicine treatment methods such as acupuncture, Chinese Manipulative Therapy (*Tui Na*), herbal medication and moxibustion to enhance the function of internal organs, especially the spleen and stomach. This will in turn detoxify the body, improve blood circulation and digestion, and boost metabolism and vitality, thereby achieving a better state of health to combat obesity.

*Sign up for our Weight Management Programme today! Let us help you fulfil your dreams of a healthier and leaner body!*

#### **Body-Sculpting Program 健身配套 10 次 @ \$1788**

- TCM Consultation x 10 sessions
- Nutrition Consultation x 2 sessions
- Acupuncture 20 mins x 10 sessions
- Cupping/Tuina massage of target areas
- Lymphatic Meridian Tuina Massage to reduce water retention
- Optional: TCM herbal medicine at 10% discount  
Moxibustion at 10% discount

Call **6779-4266** now to book an appointment!

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